

The Receptive Life

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Sacrament of
Baptism
(Thursday)

Office of the Keys
(Friday)

the Lord's Prayer
(Wednesday)

Sacrament of
the Altar
(Saturday)

the Creed
(Tuesday)

The Psalm 119 Prayer Cycle

Ten Commandments
(Monday)

Vocation
(Sunday)

Station 5: Morning and
Evening Commendation

Station 6: Blessing and Doxology

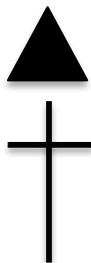
Station 4: Reading of the Scriptures

Station 3: Confession

Station 2: Evening and Morning Prayer

Station 1: The Sign of the Cross and
the Trinitarian Invocation

1



Sacrament of

Baptism
(Thursday)

(7x) "I have strayed like a lost sheep. Seek your servant for I have not forgotten your laws." (Ps. 119:176)

(7x) "May your unfailing love come to me, O Lord, your salvation according to your promise." (Ps. 119: 41)

Office of the Keys
(Friday)

the Lord's Prayer
(Wednesday)

(7x) "Let me live that I may praise you, and may your laws sustain me." (Ps. 119:175)

(7x) "I call with all my heart; answer me O Lord, and I will obey your decrees." (Ps. 119:145)

Sacrament of the Altar
(Saturday)

The Psalm 119 Prayer Cycle

the Creed
(Tuesday)

(7x) "Direct me in the path of your commands, for there I find delight" (Ps. 119:35)

(7x) "Your hands made me and formed me; give me understanding to learn your commands." (Ps. 119:73)

Vocation
(Sunday)

Ten Commandments
(Monday)

(7x) "Your word is a lamp to my feet and a light for my path." (Ps. 119:105)

(7x) " I run in the path of your commands for you have set my heart free." (Ps. 119:32)

Station 5: Morning and Evening Commendation



Station 6: Blessing and Doxology

"I am laid low in the dust, preserve my life according to your word." (Ps. 119:25)

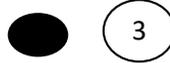


Station 4: Reading of the Scriptures

"Oh, how I love your law, I meditate on it all day long." (Ps. 119:97)



"Open my eyes that I may see wonderful things in your law." (Ps. 119:18)



Station 3: Confession

"I have strayed like a lost sheep, seek your servant according to your Word" (Ps. 119:176)



"Direct my footsteps according to your word; let no sin rule over me." (Ps. 119:133)

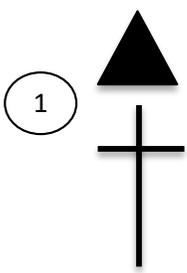


"Blessed are they whose ways are blameless, who walk according to the way of the Lord." (Ps. 119:1)



Station 2: Evening and Morning Prayer

Station 1: The Sign of the Cross and the Trinitarian Invocation



Sacrament of
Baptism
(Thursday)
the CREATION of faith

Office of the Keys
(Friday)
the CARE and
SHEPHERDING of faith

the Lord's Prayer
(Wednesday)
the BATTLE CRY of faith

The Psalm 119 Prayer Cycle

Sacrament of
the Altar
(Saturday)
the NOURISHMENT and
SUSTAINING of faith

the Creed
(Tuesday)
the OBJECT of faith

Vocation
(Sunday)
the DAILY EXERCISE of faith
(the Table of Duties
station + location = vocation)

Ten Commandments
(Monday)
the COMMAND and
DEMAND for faith

Station 5: Morning and
Evening Commendation
the EXPRESSION and EMOTION of faith

Station 6: Blessing and Doxology
the BLESSING and CONFIDENCE of faith

the SPIRITUAL PRACTICE, TRAINING
and FORMATION of faith
(oratio, meditatio, tentatio)

Station 4: Reading of the Scriptures
the REVELATION and CONTENT of faith
the WEAPON and SHIELD of faith

Station 3: Confession
the HEARTBEAT of faith
(Repentance: Confession and Absolution)

Station 2: Evening and Morning Prayer
the RHYTHM of faith
(evening and morning Prayer)

Station 1: The Sign of the Cross and
the Trinitarian Invocation
the HEART, CORE and CENTRAL MESSAGE of faith
(the person and work of Jesus Christ for the
forgiveness of sins)